

Orillia Figure Skating Club Spring Session Pre-CanSkate & CanSkate Program

Tuesday, April 2, 2024- Wednesday, May 23, 2024

All spring sessions are at Rotary Place,
100 University Avenue, Orillia

Mondays STARTS Monday, April 8, 2024	Wednesdays STARTS Wednesday, April 3, 2024	Friday STARTS Friday, April 5, 2024
5:45 - 6:15 PreCanSkate 6:25 - 7:10 CanSkate	5:30 - 6:00 PreCanSkate 6:10 - 6:55 CanSkate 8:05 - 8:50 Adult Open Session	4:00 - 4:55 Development Team 4:55 - 5:25 PreCanSkate 5:35 - 6:20 CanSkate 6:20 - 6:50 Little Stars
Runs from April 8 - May 13, 2024	Runs from April 3 - May 22, 2024	Runs from April 5 - May 17, 2024
No skating Monday, May 6 2024		*No skating Friday April 19 or May 10, 2024*

Please register at www.orilliafigureskatingclub.com and click on the Registration tab. This will prompt you to log in to your Uplifter account. No withdrawals or refunds will be granted upon the start of the spring session.

****All payments must be made monthly with a deposit being paid the first day of skating.*****

REGISTRATION will open soon.
An OFSC email will be sent to you with details regarding registration. Please make sure you have subscribed to receive OFSC emails in your Uplifter account.

SPACE IS LIMITED

Questions regarding our **Learn to Skate Programs** can be directed to Tracey Zwiers at teamtracey@orilliapronet.com.

PRE-CANSKATE (Learn to Skate):

- Mondays - \$55.00
- Wednesdays - \$85.00
- Fridays - \$55.00
- Two or three days are available by registering for the days you prefer

Please add **\$30** if your skater did not skate in the 2023/2024 **winter season**. This is for Skate Canada insurance.

CANSKATE:

- Mondays - \$80.00
- Wednesdays - \$130.00
- Fridays - \$80.00
- Two or three days are available by registering for the days you prefer

Please add **\$30** if your skater did not skate in the 2023/2024 **winter season**. This is for Skate Canada insurance.

Little Stars: (Invitation Only) \$70.00

Development Team: (Invitation Only) \$85.00

Adult Open Session: \$125.00

Coaching Information

Head Coach

Tracey Zwiers (705) 327-2206 teamtracey@orilliapronet.com

Club Coaches

Erin Shaw ecsumrik@rogers.com

James Callan jamesfcallan@ymail.com

Markus Leminen (705)728-1410 mleminen@hotmail.com

Skyanne Tillotson (705) 955-0466 skyanne.rowe@hotmail.ca

Susan Scott susanbrad@hotmail.com

Note: There will be no skating on Friday April 19th, Monday May 6th, Friday May 10th and Monday May 20th (Victoria Day)

About our Learn to Skate programs:

Pre-CanSkate: For children ages 3-5 as of Dec 31, 2023

This is a learn to skate program for new skaters featuring a low coach to skater ratio (1:10) as well as Program Assistants to help. CSA hockey helmets **MUST** be worn by all skaters. NO bike or ski helmets permitted.

CanSkate: For skaters who completed the Pre-CanSkate program OR who are ages 6+

This program incorporates fun with the basics of skating focusing on agility, control and balance. In a small group format, skaters work through 6 stages of badges with PA support & instruction from our club coaches.

CSA hockey helmets **MUST** be worn by all skaters until they have completed their Stage 5 badge. NO bike or ski helmets permitted.

Little Stars:

This program is designed for skaters to have some extra ice time to enhance the skills and techniques they have learned during the CanSkate program. Skaters must be registered for a minimum one day CanSkate membership.

This program is by **invite only**.

For questions about this program, please contact coach Susan Scott: susanbrad@hotmail.com

Development Team:

This program is designed to focus and improve on skater's edges, turns, crosscuts, field moves, spins and jumps. Skaters must be registered for a minimum one day CanSkate membership.

This program is by **invite only**.

For questions about this program, please contact coach Tracey Zwiers : teamtracey@orilliapronet.com

Adult Open Session:

This program is open to adult skaters looking to work on their skating skills. This is not a learn to skate program. Some skating experience is necessary. A 15 minute group lesson is included in the fee (for those who are interested). Private instruction is available upon request.